



Helen Milligan-Smith

President & CEO

Aramark UK & Global Energy

Helen Milligan-Smith is President and CEO of **Aramark UK & Global Energy**, with responsibility for leading strategy, performance, and growth across both businesses. Under her leadership, the organization has delivered significant expansion, strengthened service delivery, and completed several strategic acquisitions, including Wilson Vale, Grayson's, Premier, Norsk, and By Word of Mouth Event Caterers.

Helen brings more than 20 years of leadership experience from leading global and UK food brands, including Sysco, Marks & Spencer, and Greggs. She is recognized for delivering profitable, sustainable growth while fostering an entrepreneurial culture that encourages creativity and innovation.

Helen serves as Chair of the CBI Food and Drink Committee and is a member of the CEO Advisory Board of Women in Hospitality, Travel, and Leisure. She also serves on the Board of Hospitality Action, contributing actively to the wider UK hospitality sector.

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