

Our program requires a **recorded video interview** to be completed and submitted as part of your DICAS application. Below are a few interview tips and the SIX questions you are expected to answer during the video recording.

General Video Production Guidelines

Even though this is not a traditional interview, you should consider your video interview a professional interview. Use the following guidelines to help you meet our program's expectations:

- Your video interview should be recorded using a computer webcam, cell phone camera, or other available technology.
- There are six questions you should answer as part of your video interview.
- Your video length should be 5 minutes or less.
- Once your video has been recorded, your completed video should be uploaded to a video sharing site, such as YouTube or even Google Drive. If uploading to YouTube, please make your video "unlisted."
- The sharing link should then be inserted into your application's 'Personal Statement' at the bottom of the page.

Tips to Make a Professional Video Interview

- You should avoid reading your answers from a script. Instead, practice, practice, and practice some more. Practicing the answers to each question as many times as needed allows you to speak freely and unscripted.
- Professional dress, such as a business suit for both men and women, is recommended for the video interview.
- Reduce background noise and clutter – simple is better! In preparing to record your video, you should take into consideration the background of your video. You should make sure that background noises are limited and that you will not be interrupted while recording. You should always look at what is behind you in your video. A background free of clutter will give off a more professional appearance.
- Make sure to introduce yourself and mention your school affiliation when starting your video.

The Six Interview Questions

You are expected to answer SIX questions during your video interview. You can answer the questions in any order; however, make sure the questions and answers flow nicely during the interview. You do not have to read the question word for word before providing the answer. Instead, you can paraphrase the question before answering, such as "A time in which I took initiative was when I...." When answering the behavioral-based questions, you should describe the situation, outline the actions you took, and describe the result. Please refrain from giving examples already mentioned in the application. Instead, choose examples that further show your skills and abilities.

- 1. Describe a time in which you took initiative, above and beyond what was expected of you, rather than waiting to be told what to do.**
- 2. Describe a specific example of when you had to build rapport with a peer, customer, or manager.**
- 3. Tell us about the characteristics of the Aramark Dietetic Internship that led you to apply.** You are welcome to tell us what you like about Aramark as a company. However, please do not forget to mention what characteristics of our internship program led you to apply, as this is what the question is asking.
- 4. Tell us about one professional strength you possess that makes you a great fit for the Aramark program.** When responding, you should give an example of a time when this strength was demonstrated.
- 5. Tell us how you plan on paying for the expenses incurred with our internship program.** There are many expenses associated with an internship, such as tuition, living expenses, and textbooks, among other expenses. We would like to know that you have thought through how to pay for the program, so you do not have financial stress weighing on you during the program.
- 6. Tell us the following about your current graduate degree status:** Is your degree completed, are you currently enrolled, or what is your plan to be enrolled? If your graduate degree is completed, provide the year completed and name of the graduate school. If it is not completed, provide the name of the graduate school and how many credit hours will be completed by dietetic internship program orientation (August for Spring Decision Applicants or February for Fall Decision Applicants)?