

## Aramark Building Community Day 09.17.2015



**Aramark Building Community Day** is dedicated to enriching and nourishing lives around the world. On this day, thousands of Aramark employees will volunteer as part of our ongoing commitment to build local communities. Together, we will dedicate our expertise and knowledge to inspire families to lead healthier lives and empower youth and adults to achieve lifelong success by helping to prepare them for the workforce.



**Aramark and Mary's Center**  
On Aramark Building Community Day we will create a hub for community health and wellness at Mary's Center by:

- Leading healthy cooking demonstrations, by Aramark culinary experts, highlighting affordable meals.
- Providing samples of healthy food, and information about nutrition.

- Building new community produce gardens to provide fresh, healthy food.
- Transforming an outdoor patio into a space for families and employees to enjoy meals together.
- Revitalizing indoor spaces with educational nutrition murals.
- Throughout the year, we will return to Mary's Center to continue to provide workshops that will help people lead healthier lives.



# Washington, D.C.



## About Aramark Building Community: Our Global Philanthropic and Volunteer Program

Aramark Building Community is our global volunteer and philanthropic program dedicated to enriching and nourishing lives by improving family health and wellness and helping people succeed in the workforce, in partnership with local community centers.

In 2014 alone, we helped more than 60,000 individuals and families lead healthier lifestyles, access food, and enjoy safe, inspiring community gathering places. More than 5,000 employee volunteers led over 300 volunteer projects supporting communities around the world.

Since 2008, we have invested nearly \$8.5 million in volunteer expertise, as well as financial and in-kind resources. Aramark Building Community has impacted more than four million people. Over 25,000 Aramark employees have collaborated with local community centers in 50 cities to help strengthen communities.



## About Aramark

Aramark is in the customer service business across food, facilities and uniforms, wherever people work, learn, recover and play.

United by a passion to serve, our more than 270,000 employees deliver experiences that enrich and nourish the lives of millions of people in 21 countries around the world every day.

Aramark is recognized among the World's Most Ethical Companies by the Ethisphere Institute. Learn more at [www.aramark.com](http://www.aramark.com) or connect with us on [Facebook](#) and [Twitter](#).

