

Aramark Building Community Day 09.17.2015



Aramark Building Community Day is dedicated to enriching and nourishing lives around the world. On this day, thousands of Aramark employees will volunteer as part of our ongoing commitment to build local communities. Together, we will dedicate our expertise and knowledge to inspire families to lead healthier lives and empower youth and adults to achieve lifelong success by helping to prepare them for the workforce.



Aramark and the Atlanta Mission

On Aramark Building Community Day we will create a hub for community health and wellness at the Shepherd's Inn by:

- Transforming an underutilized outdoor space into a center for wellness education and fitness.
- Establishing new community produce gardens to provide fresh, healthy food to the community.

- Creating an outdoor classroom for ongoing health and wellness education
- Hosting Healthy For Life® workshops, with information about nutrition, how to create a meal on a budget, and more.
- Creating a new fitness area to encourage healthy physical activity.
- Donating healthy food and assembling healthy snack pack kits for children at Atlanta Mission.
- Throughout the year, we will provide ongoing Healthy For Life® workshops to support a culture of health for children and families.

Atlanta, Georgia



About Aramark Building Community: Our Global Philanthropic and Volunteer Program

Aramark Building Community is our global volunteer and philanthropic program dedicated to enriching and nourishing lives by improving family health and wellness and helping people succeed in the workforce, in partnership with local community centers.

In 2014 alone, we helped more than 60,000 individuals and families lead healthier lifestyles, access food, and enjoy safe, inspiring community gathering places. More than 5,000 employee volunteers led over 300 volunteer projects supporting communities around the world.

Since 2008, we have invested nearly \$8.5 million in volunteer expertise, as well as financial and in-kind resources. Aramark Building Community has impacted more than four million people. Over 25,000 Aramark employees have collaborated with local community centers in 50 cities to help strengthen communities.



About Aramark

Aramark is in the customer service business across food, facilities and uniforms, wherever people work, learn, recover and play.

United by a passion to serve, our more than 270,000 employees deliver experiences that enrich and nourish the lives of millions of people in 21 countries around the world every day.

Aramark is recognized among the World's Most Ethical Companies by the Ethisphere Institute. Learn more at www.aramark.com or connect with us on [Facebook](#) and [Twitter](#).

